

Anglican Church in America Diocese of the Northeast Summer Youth Camp

St. Luke's Camp Camper Guidelines

Campers should be kind and respectful and obedient at all times.

Always make sure your counselors know what you are doing and where you are doing it.

Never do anything ALONE! ALWAYS at least have a buddy.

Keep your cabin clean.

Be a good sport at all activities. The biggest competition should be to see who can be nicest to others!

Pay attention in classes. Be a part of discussions. Ask questions when it is time. Pay attention when praying. Pay attention especially to lessons at church services, and take notes. Write down your questions and answers when you get them.

Try your best to participate in all activities. If things don't go well, don't get upset. Remember Jesus loves you and we do too.

If you have a problem, talk to your counselor.

Keep your talk respectful to God and others. This includes not saying things like "Oh my God" lightly, gossiping, swearing, or putting anyone else down.

Do not plan or do any prank without the approval of your counselor. Do not bring or use any materials which can damage, stain, or leave residue on the property (such as silly string, etc.) in so doing.

Be a friend to others. Make other people more important than yourself.

Have fun!

Dress Code

Please use discretion when choosing your attire for the camp. Modesty should be the standard for a Christian, so please keep that in mind and do not pack tight or revealing clothes, especially low cut tops for girls or any apparel that may improperly draw the attention of others. No halter-tops or exposed midriffs will be allowed. Hats are suggested while participating in outdoor activities. *Hats also come in handy for hiding bad hair especially when you get it wet and it dries before you can brush it.* Make sure your hats have good air circulation as well. We encourage you to supply sunscreen and instruct your child on how to use it.

What Can't I Wear?

Please don't bring clothing that is offensive or in bad taste. This means nothing with pictures or words that would be construed as unchristian, threatening, provocative, or promoting any ungodly idea, position, or group.

In addition, please do not bring belly shirts or short shorts. Boxers should not be visible and pants should not be worn below the hips. We trust you will use your best judgment when choosing your attire and know you'll make the right decision. **There will be young impressionable children of both sexes at camp, and clothing should in no way tend to accent or attract attention to sexual attributes.**

Hot or Cold?

We will be at camp in the summer. However, it can be cool, especially at night. You should be prepared for extremes in weather so pack accordingly. Clothing should range from lightweight and light colored for the warmer conditions to sweatshirts or light windbreaker for the nights. If you are cold natured, you might choose to pack something with a hood and something to keep your hands warm. Make sure to pack something to cover up with in case of rain (i.e. poncho or waterproof jacket). We have never had an extended spell of rainy weather at camp but it can happen! Please mark clothes and other items to help prevent loss.

While in your cabins & general sessions:

Your attire should allow you to move freely and comfortably during activities. Shoes are at your discretion and preference while in your cabin. Shoes must be worn at all times while outside unless otherwise stated. Slip on shoes like flip flops should not be worn outside the cabins.

■ **Swimming and other water related activities**

- Swimsuits should be in good taste so please use discretion in choosing your swim attire. If the staff feels that you are dressed inappropriately, you maybe asked to change or cover-up with a shirt.
- You will not be permitted to enter your cabin if you're dripping wet, so always bring your towel with you whenever participating in water activities.

■ **Sunscreen**

- Ok, I know that sunscreen does not count as attire but we need you to think of it as if it does. We don't need anybody getting sunburned. If you get burned early in the trip you won't have any fun and you'll probably make the rest of us miserable as well. So from this point on, think of it as just another form of clothing and consider it mandatory.

Electronic Devices

St. Luke's Camp's policy is to restrict personal electronic devices such as cell phones, game-boys, i-pods, walkmans, personal DVD players, etc. These and similar items will not be allowed with the exception of cell phones with the following understanding.

Please remember the staff is entirely made up of volunteers who want your child to have the best experience they can CAMPING. Competition with electronic devices for your child's attention is something we do not need. Part of camping is to break many of the normal routines of life, including the ubiquitous use of electronics. We highly encourage personal interaction among the campers and use of these items may hinder a camper's opportunity to get to know someone.

Cell phones and their use will be allowed only under the following conditions: If a camper brings a cell phone it must be turned over to the staff to be kept in a safe area. A certain time will be allowed during free time during which the camper may use their phone, but then it will be returned to the staff and put away. If you and your child can not handle this, don't plan to keep a phone secretly; please don't bother to fill out an application. Lists of staff phone numbers will be made available prior to commencement of camp so you can contact us or your child in case of an emergency.

What to Bring

The following suggestion list has been created to help you with your packing. Please be sure that all campers know they will be expected to practice good hygiene habits.

- _____ Shirts (one week)*
- _____ Shorts (one week)*
- _____ Sweatshirt or light jacket*
(*Water resistant jackets are a plus*)
- _____ Long pants or sweat pants*
(*For when it gets cool*)
- _____ Socks
- _____ Athletic Shoes*
- _____ Old shoes for getting wet
- _____ Sandals
- _____ Hat
- _____ Underwear (obviously)*
- _____ Sunglasses (suggested)
- _____ Sun screen*
- _____ Water bottle
- _____ Flashlight*
- _____ Swim Suit
- _____ Brush / Comb
- _____ Toothbrush / Toothpaste*
- _____ Soap*
- _____ Shampoo
- _____ Shaving Razor (if you need one)
- _____ Deodorant
- _____ Contact Solution (if needed)
- _____ Towel*
- _____ Camera / film
- _____ Plastic bags (for wet stuff)*
- _____ Bug Spray
- _____ Medications (if any) ***All medication must be given to the camp nurse at your time of arrival.***
- _____ Bedding (sleeping bag and pillow are ideal)

Please see that your child's items are labeled with their name as well as possible.

*mandatory items