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News and Encouragement from Trinity Anglican Church

# TrinityEvangel



current events >>>

### Trinity Runs Deep Recovery Course

In 2017 Trinity began offering Reboot Combat Recovery as a way to help our veterans struggling with returning from Combat. In time it was clear that a follow up course, one that was also accessible for non-veterans, should be offered. To answer that Fr. Mirabile created the Deep Recovery 2.0 Course.

Deep Recovery is unique in that it combines a Faith-based program with skills-based training and neuroscience. The 12 week course, complete with its own workbook, is designed to help people reover from the effects of trauma and runs from September through December 9<sup>th</sup>. There are ten participants with 50% coming from outside the parish. Please pray for deeped faith and healing



# Faithful in a Contentious World without being adversarial

"Whoever marries the spirit of this age will find himself a widower in the next."

William Inge

Our society has been expereincing change at a break-neck pace. Established morals, a shared worldview, and common political sensibilities have been swallowed up in a cultural sea-change, that have hit us like a tsunami. In the face of momentous change human beings expereince a sense threat. Under those circumstances we retreat to the things that are most familiar to us, and we want to guard them fiercly. We feel as if we have been assailed on every front and have to fight back.

For the past few weeks I have been talking about the cultureal forces that threatened the unity and peace of the churches Paul had planted. Greek philosophy, gnosticism, Judaizers (those from Jerusalem that wanted to force gentile Christians to be ciercumcized and keep the Law of Moses),

and the pravailing Greco-Roman culture, with its lose morals, were a constant threat to the churches. In the face of these challenges Paul admonished the churches in Ephesus and Corinth to "maintain the unity of the Spirit in the bond of peace". He was keen to point out that the Kingdom of God and their citizenship in it transcended party spirit.

Contrasting the mind of the world with the mind that is being renewed by the Spirit, he admonished, them to hold the same oppinions about the world, grounded in the same faith and seeing the world through the gospel that he taught them. This unity went beyond something that was organizational. It was not the sort of unity around a common interest, like a fishing or golf club, that held any other interests outside of the main purpose as immaterial.

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### A Fresh Coat of Paint

Did you know that the Parish Hall has a fresh, new coat of paint? Actually, not only the Parish Hall, but also the hallway downstairs, the staircase up to the first floor and all the trim work has been "renewed". And it looks great!!



It didn't happen overnight, though. It took about 14 paint chips and 10 paint samples and much discussion to settle on a new color, but it has turned out really well. The ladies in the

Guild discussed sky blues and muted greens, and the vestry was leaning towards white and the existing color was a soft yellow. In the end we found a great compromise; a light color with yellows in it called Champagne and an accent wall called Copen Blue.

Brenda Anair's son, Matt Parent, a professional painter, did the work and had a ton of prepwork to do – he patched holes in the walls, painted the heaters to blend in better, and utimately had to cover the pink trim with three coats of



in time for our first Deep Recovery meeting and synod. And boy, what a facelift!

Next time you are in church, you might want to take a look to see the small transformation. Come down and enjoy a cup of coffee and admire it!

cont'd from on pg 1

No, Paul wanted to share the beliefs, feelings, values and dispositions to act in certain ways. That is what the word "mind" (gk *nous*) means in 1 Corinthians 1:10–12.

The quote from the Anglican clergyman Willam Inge, often repeated in Anglican catholic circles, "Whoever marries the spirit of this age will find himself a widower in the next", finds its relevance where the mind of the church and the darkened mind of the of "the world" come into conflict with one another. While it is appropriate for the church to guard itself from the cultural pressures of the day we cannot take up an adversarial posture against the world. Why? Because God never does. While the world was still "dead in its trespesses and sins, Christ died for us" (Eph 2:1). God has always been for us, even when we were against him. In this time of contention, let us also remember to for the world, not against it, even when it is against us.

### member spotlight >>>

### John and Posie Godfrey

Posey and John moved from Greensboro, North Carolina to Dover, New Hampshire in late 2018. Shortly after visiting they enthusiastically decided to join Trinity. Last year Posey enjoyed helping with Trinity's Sunday School and helps with Trinity's



Outrech opportunities. John is very grateful to participate in the monthly Men's breakfasts and also to serve on the vestry. We feel quite blessed to be at Trinity.

They raised their family in Ipswich, Massachusetts, moving to Greensboro North Carolina in 2002 after their three children went off to college. John helped start a new insurance company there after retiring from his position at a Boston Insurance company. They were already quite familiar with North Carolina, as Posey had spent her formative years in Chapel Hill, and South was also where Posey and John met as students at UNC. They were both active members of St John's Anglican Church in Greensboro, NC. Their two daughters, their husbands and five (of seven) grandchildren lived in the Newburyport area, so, after John retired again in 2015, they decided to move north.

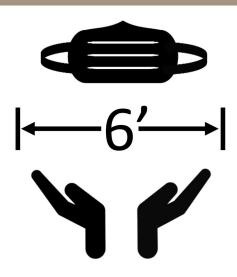
Posey is a genealogist and has been President of the Essex Society of Genealogists, the Registrar for the Sons & Daughters of the First Settlers of Newbury, MA; the Education chair for the New Hampshire Society of Genealogists, and in 1995 was the Sesquicentennial Vendor Chairperson for the New England Historic and Genealogical Society in Boston, MA.

The Godfreys spent much of their first two years in Dover addressing deferred maintenance on their home. That work is now mostly finished, which means that they can devote more time to their reading interests, flower and vegetable gardens and to Fido, their spoiled yellow Labrador retriever "mix".

### Worship and Covid 19

"But take care that this right of yours does not somehow become a stumbling block to the weak. ... And so by your knowledge this weak person is destroyed, the brother for whom Christ died. ... Therefore, if food makes my brother stumble, I will never eat meat, lest I make my brother stumble."

1 Corinthians 8.9-13



Since the beginning of the Covid 19 virus, Trinity has tried to maintain the worship of the church uninterupted, while also respecting conscience and safety. We are committed to the ancient principle that offering Holy Communion in corporate worship is never subject to the demands of the state, except under the most dire circumstances.

From the outset we did our best to balance the safety of our parishioners, the requirements of the state, and our obligation to worship. We began by limiting attendence to fewer than ten persons and in May opened the services to 30%, and then to the recommended 50% capacity in the summer. Fortunately, no one has been seriously affected by the disease.

In September we released new guidelines for worship to carry us through the winter. They are a available in the narthex. We ask that, unless there are health reasons or serious matters of concience, everyone who attends services where their mask while moving around the church, maintain 6' distance as much as possible, observe pew seating arrangements designed to maintain distance, and receive Communion as directed. We will continue to run our high powered attic ventilation to maintain positive airflow up and away from the congregation.

As an act of love, in accordance with the principle established in 1 Cor. 8:9-13, we ask everyone to respect these efforts.

### Why do we do that? >>>

# Q: Why tithes and offerings? A: They return thanksgiving for God's many blessings.



The Christian Faith often speaks in signs and symbols. One way of acknowedging that all we have comes from God - from our own bodies to our food and clothing to give some portion of it back to God. The Old Testament proscribed a tithe, which was ten percent of the fruits of their labor, to be given back to God in gratitude. Offerings and alms are usually gifts given above that amount. The New Testament teaches that each one should give generously and freely. Tithes and offerings help run the church and help us help others.

## October is Pledge Month

"So I thought it necessary to urge the brothers to go on ahead to you, and arrange in advance for this bountiful gift that you have promised, so that it may be ready as a voluntary gift and not as an extortion.

The point is this: the one who sows sparingly will also reap sparingly, and the one who sows bountifully will also reap bountifully. Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that by always having enough of everything, you may share abundantly in every good work."

2 Corinthians 9:5–8

October is Pledge Drive month at Trinity. We ask that you pray for our church and decide how much you can pledge for fiscal year 2021. We use our pledges to forecast what programs we can fund next year, which includes improvements to our church.

The Vestry is also asking that you consider asking someone to come to church with you. The Covid-19 crisis has reduced our church population and we can use this opportunity to ask family, friends and neighbors to come and check us out.

Pledge cards will be in the Narthex and mailed out. You can return your peldge by mail, offering plate or handling them to Kathy Lewis. Also check the announcements for instructions for completing your pledge online.

## upcoming events...

"But we do all things, beloved, for your edification."

2 Cor 12:19.

# Trinity Anglican Church A Parish on Purpuse

#### Men's Breakfast

We have resummed meeting for men's breakfast and our next meeting is in the parish a hall, the first Saturday of November, the 7<sup>th</sup>, at 8:00 AM. Join us for a great breakfast, lively fellowship and compelling discussion on the book "Live Not By Lies", by Rod Draher.

#### **Inquirers Class**

Inquirers Class gives an introduction to Anglicanism and our Parish life here at Trinity. We require at those who wish to become members to attend at least three of the four classes. We begin the course Sunday, October 25<sup>th</sup> at about 11:45 AM.

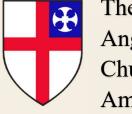
#### Catechism Class

Catechism classes will begin the first week of Advent, Sunday, November 29<sup>th</sup> at 11:45 after the 10AM service. This one hour class is required for baptism or confirmation. The class runs through to the end of Lent.

coming soon >>>

### In The Next Issue

Thanksgiving and Christmas plans
Father's message for the month
Synod Report
Call for vestrymen and women



The Anglican Church in America